





06:37.38 00:36.81	06:00.57 00:36.62	05:23.95 00:36.31	04:47.64 00:37.48	04:10.16 00:36.98	03:33.18 00:36.73	02:56.45 00:36.75	02:19.70 00:36.70	01:43.0 00:35.97	01:07.03 00:34.73	00:32.30
						09:38.39 00:34.79	09:03.60 00:36.28	08:27.32 00:36.05	07:51.27 00:36.56	07:14.71
506	+ 0.74	10:01.39	הפועל דולפין נתניה		2006	יעל	רביד	4	2	6
06:51.16 00:38.55	06:12.61 00:38.74	05:33.87 00:38.14	04:55.73 00:38.12	04:17.61 00:38.0	03:39.61 00:37.87	03:01.74 00:37.87	02:23.87 00:37.79	01:46.08 00:37.56	01:08.52 00:35.99	00:32.53
						10:01.39 00:37.30	09:24.09 00:38.08	08:46.01 00:37.90	08:08.11 00:38.67	07:29.44
0		DNS	הפועל עמק חפר		2006	זוהר	פיינברג	9	2	-
<b>נשים 16-17</b>										
762	+ 0.72	08:44.71	הפועל בת ים		2004	בקי	פוזדנר	4	4	1
06:02.03 00:33.39	05:28.64 00:33.29	04:55.35 00:33.09	04:22.26 00:33.36	03:48.90 00:33.71	03:15.19 00:33.34	02:41.85 00:33.38	02:08.47 00:33.23	01:35.24 00:32.89	01:02.35 00:32.52	00:29.83
						08:44.71 00:30.88	08:13.83 00:32.99	07:40.84 00:33.15	07:07.69 00:32.50	06:35.19
700	+ 0.75	08:59.82	הפועל בת ים		2005	רומי	חביב	2	4	2
06:07.88 00:34.51	05:33.37 00:34.27	04:59.10 00:34.02	04:25.08 00:33.95	03:51.13 00:33.64	03:17.49 00:33.54	02:43.95 00:33.61	02:10.34 00:33.35	01:36.99 00:33.38	01:03.61 00:32.97	00:30.64
						08:59.82 00:33.09	08:26.73 00:35.0	07:51.73 00:34.42	07:17.31 00:34.32	06:42.99
696	+ 0.72	09:00.65	הפועל פליפר חדרה		2005	שרון	שטיימן	4	3	3
06:13.35 00:34.48	05:38.87 00:34.67	05:04.20 00:34.30	04:29.90 00:34.26	03:55.64 00:34.57	03:21.07 00:34.42	02:46.65 00:34.81	02:11.84 00:34.47	01:37.37 00:34.56	01:02.81 00:33.30	00:29.51
						09:00.65 00:31.51	08:29.14 00:33.57	07:55.57 00:33.94	07:21.63 00:33.90	06:47.73
692	+ 0.77	09:01.80	הפועל כפר סבא ב.ב.		2004	עדן	גולדנברג	8	4	4
06:11.47 00:34.86	05:36.61 00:34.45	05:02.16 00:34.0	04:28.16 00:34.47	03:53.69 00:33.94	03:19.75 00:33.98	02:45.77 00:33.92	02:11.85 00:33.75	01:38.10 00:34.0	01:04.10 00:33.28	00:30.82
						09:01.80 00:32.20	08:29.60 00:34.94	07:54.66 00:34.17	07:20.49 00:34.34	06:46.15
618	+ 0.91	09:22.69	הפועל עמק יזרעאל		2004	טל	אשכנזי	9	4	5
06:26.29 00:35.32	05:50.97 00:35.59	05:15.38 00:35.91	04:39.47 00:35.50	04:03.97 00:35.68	03:28.29 00:35.41	02:52.88 00:35.61	02:17.27 00:35.56	01:41.71 00:35.16	01:06.55 00:34.45	00:32.10
						09:22.69 00:34.51	08:48.18 00:35.32	08:12.86 00:35.34	07:37.52 00:35.50	07:02.02
590	+ 0.77	09:31.33	הפועל דולפין נתניה		2004	גיא	שלגל	3	3	6
06:28.73 00:36.71	05:52.02 00:36.90	05:15.12 00:36.22	04:38.90 00:36.21	04:02.69 00:36.02	03:26.67 00:35.93	02:50.74 00:35.54	02:15.20 00:35.38	01:39.82 00:34.95	01:04.87 00:34.10	00:30.77
						09:31.33 00:35.19	08:56.14 00:36.61	08:19.53 00:36.97	07:42.56 00:36.96	07:05.60
580		09:34.60	מכבי וייסגל		2005	שי - לי	רוזנבוים	8	3	7
00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0
						00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0 00:00.00	00:00.0
<b>כללי</b>										
737	+ 0.68	08:50.50	הפועל בית שמש		1993	אוה מריאל	פביאן	3	4	1
06:04.39 00:33.48	05:30.91 00:33.69	04:57.22 00:33.57	04:23.65 00:33.60	03:50.05 00:33.53	03:16.52 00:33.48	02:43.04 00:33.27	02:09.77 00:33.22	01:36.55 00:33.15	01:03.40 00:32.90	00:30.50
						08:50.50 00:31.40	08:19.10 00:33.82	07:45.28 00:33.73	07:11.55 00:33.39	06:38.16
736	+ 0.71	08:50.67	הפועל עירוני הוד השרון		2003	אורן	גבלן	5	4	2
06:02.35 00:33.55	05:28.80 00:33.28	04:55.52 00:33.15	04:22.37 00:33.40	03:48.97 00:33.48	03:15.49 00:33.51	02:41.98 00:33.36	02:08.62 00:33.35	01:35.27 00:32.92	01:02.35 00:32.45	00:29.90
						08:50.67 00:31.50	08:19.17 00:34.47	07:44.70 00:34.54	07:10.16 00:34.16	06:36.0
707	+ 0.76	08:57.94	הפועל בית שמש		2000	עדן	גירלואנצה	1	4	3
06:08.44 00:33.92	05:34.52 00:33.72	05:00.80 00:33.94	04:26.86 00:34.13	03:52.73 00:33.55	03:19.18 00:34.03	02:45.15 00:33.98	02:11.17 00:33.80	01:37.37 00:33.84	01:03.53 00:33.16	00:30.37
						08:57.94 00:32.65	08:25.29 00:34.08	07:51.21 00:34.35	07:16.86 00:34.29	06:42.57
626	+ 0.74	09:20.22	בני הרצליה		2002	מיה	אנגלנדר	0	4	4
06:21.31 00:36.58	05:44.73 00:36.10	05:08.63 00:35.88	04:32.75 00:35.95	03:56.80 00:35.38	03:21.42 00:35.08	02:46.34 00:34.40	02:11.94 00:34.25	01:37.69 00:33.94	01:03.75 00:33.19	00:30.56

						09:20.22	08:45.74	08:10.70	07:34.38	06:58.18	
						00:34.48	00:35.04	00:36.32	00:36.20		
581	+ 0.83	<b>09:34.16</b>		מכבי כפר המכביה	2003	שלי	אח		2	3	5
06:36.40	06:00.01	05:23.15	04:46.77	04:10.34	03:34.01	02:57.43	02:20.84	01:44.35	01:08.28		00:32.92
00:36.39	00:36.86	00:36.38	00:36.43	00:36.33	00:36.58	00:36.59	00:36.49	00:36.07	00:35.36		
						09:34.16	08:59.64	08:23.72	07:48.09		07:12.21
						00:34.52	00:35.92	00:35.63	00:35.88		