

						09:12.58	08:40.28	08:06.39	07:32.01	06:57.44
						00:32.30	00:33.89	00:34.38	00:34.57	
487	+ 0.74	09:23.29	מכבי חיפה	2007	אריאל	בודילובסקי	6	1	11	
06:27.04	05:51.39	05:15.59	04:39.94	04:04.49	03:28.86	02:53.11	02:17.67	01:42.29	01:06.96	00:31.87
00:35.65	00:35.80	00:35.65	00:35.45	00:35.63	00:35.75	00:35.44	00:35.38	00:35.33	00:35.09	
						09:23.29	08:49.59	08:14.11	07:38.89	07:03.11
						00:33.70	00:35.48	00:35.22	00:35.78	
486	+ 0.72	09:23.94	הפועל כפר סבא ב.ב.	2007	אחמד	פדילה	3	2	12	
06:24.03	05:47.58	05:11.04	04:34.71	03:57.73	03:21.35	02:45.56	02:10.61	01:35.86	01:01.96	00:29.03
00:36.45	00:36.54	00:36.33	00:36.98	00:36.38	00:35.79	00:34.95	00:34.75	00:33.90	00:32.93	
						09:23.94	08:49.68	08:13.26	07:37.05	07:00.64
						00:34.26	00:36.42	00:36.21	00:36.41	
467	+ 0.82	09:31.15	הפועל עירוני הוד השרון	2007	עילי	ארליך	7	2	13	
06:31.80	05:54.43	05:17.11	04:39.75	04:03.53	03:26.76	02:51.17	02:15.35	01:40.02	01:05.12	00:31.13
00:37.37	00:37.32	00:37.36	00:36.22	00:36.77	00:35.59	00:35.82	00:35.33	00:34.90	00:33.99	
						09:31.15	08:57.51	08:21.87	07:45.21	07:08.68
						00:33.64	00:35.64	00:36.66	00:36.53	
462	+ 0.63	09:33.32	הפועל דולפין נתניה	2007	יואב	גל	4	1	14	
06:37.52	06:01.38	05:24.35	04:48.15	04:11.50	03:34.55	02:57.97	02:21.27	01:44.19	01:07.45	00:32.02
00:36.14	00:37.03	00:36.20	00:36.65	00:36.95	00:36.58	00:36.70	00:37.08	00:36.74	00:35.43	
						09:33.32	09:00.42	08:24.84	07:49.12	07:13.49
						00:32.90	00:35.58	00:35.72	00:35.63	
462	+ 0.76	09:33.39	הפועל גליל עליון	2007	רואי	כרמלי	1	1	15	
06:34.22	05:57.22	05:20.24	04:43.64	04:06.93	03:30.60	02:54.06	02:17.42	01:41.09	01:05.29	00:30.35
00:37.0	00:36.98	00:36.60	00:36.71	00:36.33	00:36.54	00:36.64	00:36.33	00:35.80	00:34.94	
						09:33.39	09:00.23	08:24.23	07:47.42	07:11.26
						00:33.16	00:36.0	00:36.81	00:36.16	
441	+ 0.68	09:42.14	בני הרצליה	2007	דין אדם	חן	5	1	16	
06:38.49	06:01.72	05:24.78	04:48.22	04:10.71	03:33.23	02:56.06	02:19.34	01:43.02	01:07.39	00:32.45
00:36.77	00:36.94	00:36.56	00:37.51	00:37.48	00:37.17	00:36.72	00:36.32	00:35.63	00:34.94	
						09:42.14	09:06.12	08:28.63	07:51.75	07:15.05
						00:36.02	00:37.49	00:36.88	00:36.70	
435	+ 0.72	09:44.99	מכבי קרית ביאליק	2007	איתי	לויצקי	9	3	17	
06:40.89	06:03.70	05:25.91	04:48.99	04:11.99	03:34.11	02:56.78	02:19.93	01:43.26	01:06.75	00:31.55
00:37.19	00:37.79	00:36.92	00:37.0	00:37.88	00:37.33	00:36.85	00:36.67	00:36.51	00:35.20	
						09:44.99	09:08.72	08:32.27	07:54.88	07:17.65
						00:36.27	00:36.45	00:37.39	00:37.23	
0		DNS	הפועל עמק חפר	2007	זוהר	צימרמן	6	2	-	
			בנים 15							
697	+ 0.65	08:19.99	הפועל בת ים	2006	דניאל	רבימביץ	4	5	1	
05:44.33	05:13.24	04:42.05	04:10.61	03:38.90	03:07.15	02:35.45	02:03.46	01:31.61	00:59.90	00:28.47
00:31.09	00:31.19	00:31.44	00:31.71	00:31.75	00:31.70	00:31.99	00:31.85	00:31.71	00:31.43	
						08:19.99	07:50.05	07:18.98	06:47.32	06:15.74
						00:29.94	00:31.07	00:31.66	00:31.58	
682	+ 0.77	08:23.54	הפועל עמק יזרעאל	2006	עדן	פלורס פרטין	6	5	2	
05:46.63	05:15.12	04:43.38	04:11.85	03:39.96	03:08.01	02:36.04	02:04.19	01:32.39	01:00.51	00:28.97
00:31.51	00:31.74	00:31.53	00:31.89	00:31.95	00:31.97	00:31.85	00:31.80	00:31.88	00:31.54	
						08:23.54	07:52.79	07:21.35	06:49.41	06:18.01
						00:30.75	00:31.44	00:31.94	00:31.40	
661	+ 0.67	08:28.91	מכבי ראשון לציון SEALS	2006	תמיר	רומם	1	3	3	
05:45.93	05:13.60	04:41.31	04:09.19	03:37.21	03:04.76	02:32.84	02:01.07	01:29.16	00:57.74	00:27.55
00:32.33	00:32.29	00:32.12	00:31.98	00:32.45	00:31.92	00:31.77	00:31.91	00:31.42	00:30.19	
						08:28.91	07:57.53	07:24.51	06:51.23	06:18.38
						00:31.38	00:33.02	00:33.28	00:32.85	
620	+ 0.67	08:39.95	הפועל בת ים	2006	ויליאם	סעידיבביב	8	5	4	
05:56.78	05:24.19	04:51.55	04:18.81	03:45.65	03:12.70	02:39.71	02:06.72	01:34.10	01:01.49	00:29.36
00:32.59	00:32.64	00:32.74	00:33.16	00:32.95	00:32.99	00:32.99	00:32.62	00:32.61	00:32.13	
						08:39.95	08:08.57	07:36.30	07:02.57	06:29.43
						00:31.38	00:32.27	00:33.73	00:33.14	
590	+ 0.76	08:48.51	מכבי קרית ביאליק	2006	אדם	אושמיאנסקי	2	5	5	
06:02.90	05:29.31	04:56.25	04:21.79	03:48.38	03:14.72	02:40.99	02:07.67	01:34.49	01:01.81	00:29.37
00:33.59	00:33.06	00:34.46	00:33.41	00:33.66	00:33.73	00:33.32	00:33.18	00:32.68	00:32.44	
						08:48.51	08:17.86	07:44.08	07:10.07	06:36.58
						00:30.65	00:33.78	00:34.01	00:33.49	
577	+ 0.66	08:52.54	הפועל עירוני הוד השרון	2006	שגיא	אבני	8	3	6	
06:04.80	05:31.18	04:57.53	04:24.14	03:50.35	03:16.06	02:41.75	02:08.03	01:34.26	01:00.81	00:28.92

00:33.62	00:33.65	00:33.39	00:33.79	00:34.29	00:34.31	00:33.72	00:33.77	00:33.45	00:31.89			
						08:52.54	08:20.08	07:46.26	07:12.08	06:38.85		
						00:32.46	00:33.82	00:34.18	00:33.23			
575	+ 0.72	08:52.99		בני הרצליה	2006	אורן	מגן	4	4	7		
06:06.45	05:32.68	04:58.29	04:24.53	03:50.76	03:17.84	02:10.16	01:36.51	01:02.87	00:29.71	00:00.0		
00:33.77	00:34.39	00:33.76	00:33.77	00:32.92	01:07.68	00:33.65	00:33.64	00:33.16	00:29.71			
						08:52.99	08:21.48	07:47.54	07:13.65	06:40.11		
						00:31.51	00:33.94	00:33.89	00:33.54			
560	+ 0.73	08:57.91		בני הרצליה	2006	ניר	פראל	6	4	8		
06:09.44	05:34.50	05:00.12	04:26.17	03:51.98	03:17.67	02:43.60	02:09.61	01:35.96	01:02.17	00:29.54		
00:34.94	00:34.38	00:33.95	00:34.19	00:34.31	00:34.07	00:33.99	00:33.65	00:33.79	00:32.63			
						08:57.91	08:25.41	07:51.63	07:18.04	06:44.15		
						00:32.50	00:33.78	00:33.59	00:33.89			
511	+ 0.73	09:14.32		מכבי חיפה	2006	עודד	לוינסון	0	3	9		
06:21.67	05:46.15	05:11.17	04:35.39	04:00.23	03:25.07	02:50.22	02:14.84	01:39.77	01:05.07	00:30.72		
00:35.52	00:34.98	00:35.78	00:35.16	00:35.16	00:34.85	00:35.38	00:35.07	00:34.70	00:34.35			
						09:14.32	08:41.16	08:06.37	07:31.22	06:56.90		
						00:33.16	00:34.79	00:35.15	00:34.32			
497	+ 0.79	09:19.63		מכבי שוהם	2006	איתמר	כהן	2	4	10		
06:20.95	05:44.93	05:09.34	04:33.89	03:58.62	03:23.70	02:48.92	02:13.86	01:39.22	01:04.45	00:30.67		
00:36.02	00:35.59	00:35.45	00:35.27	00:34.92	00:34.78	00:35.06	00:34.64	00:34.77	00:33.78			
						09:19.63	08:45.53	08:09.40	07:33.29	06:57.13		
						00:34.10	00:36.13	00:36.11	00:36.16			
469	+ 0.79	09:30.52		הפועל עמק יזרעאל	2006	עומר	לב	1	4	11		
06:31.67	05:55.22	05:18.98	04:42.69	04:06.21	03:29.90	02:53.77	02:17.98	01:42.06	01:06.48	00:31.86		
00:36.45	00:36.24	00:36.29	00:36.48	00:36.31	00:36.13	00:35.79	00:35.92	00:35.58	00:34.62			
						09:30.52	08:56.58	08:20.49	07:44.08	07:07.91		
						00:33.94	00:36.09	00:36.41	00:36.17			
גברים 16-17												
804	+ 0.59	07:56.84		מכבי שוהם	2004	יאב	רומנו	7	6	1		
05:29.96	05:00.22	04:30.24	04:00.43	03:30.20	02:59.97	02:29.59	01:58.90	01:28.50	00:58.12	00:27.67		
00:29.74	00:29.98	00:29.81	00:30.23	00:30.23	00:30.38	00:30.69	00:30.40	00:30.38	00:30.45			
						07:56.84	07:29.34	07:00.08	06:30.08	06:00.11		
						00:27.50	00:29.26	00:30.0	00:29.97			
776	+ 0.75	08:02.42		הפועל בת ים	2005	מאור	גורלניק	6	6	2		
05:31.68	05:01.05	04:31.01	04:00.50	03:30.14	02:59.82	02:29.22	01:58.43	01:27.91	00:57.65	00:27.56		
00:30.63	00:30.04	00:30.51	00:30.36	00:30.32	00:30.60	00:30.79	00:30.52	00:30.26	00:30.09			
						08:02.42	07:33.55	07:03.08	06:32.36	06:01.91		
						00:28.87	00:30.47	00:30.72	00:30.45			
693	+ 0.67	08:20.87		הפועל בת ים	2004	אלון	אילין	8	6	3		
05:44.59	05:12.43	04:40.47	04:08.85	03:37.0	03:05.09	02:33.03	02:01.22	01:29.94	00:58.45	00:27.45		
00:32.16	00:31.96	00:31.62	00:31.85	00:31.91	00:32.06	00:31.81	00:31.28	00:31.49	00:31.0			
						08:20.87	07:51.20	07:20.82	06:48.92	06:16.77		
						00:29.67	00:30.38	00:31.90	00:32.15			
690	+ 0.69	08:21.65		מכבי וייסגל	2004	ירון	מנטין	9	6	4		
05:44.13	05:11.97	04:39.86	04:07.88	03:36.56	03:04.92	02:32.52	02:00.92	01:29.68	00:58.37	00:27.43		
00:32.16	00:32.11	00:31.98	00:31.32	00:31.64	00:32.40	00:31.60	00:31.24	00:31.31	00:30.94			
						08:21.65	07:51.68	07:20.0	06:47.99	06:16.35		
						00:29.97	00:31.68	00:32.01	00:31.64			
663	+ 0.68	08:28.48		הפועל כפר סבא ב.ב.	2005	עילי	בן פרץ	5	5	5		
05:47.16	05:14.73	04:42.40	04:10.85	03:38.85	03:06.85	02:35.07	02:03.50	01:31.44	00:59.84	00:28.26		
00:32.43	00:32.33	00:31.55	00:32.0	00:32.0	00:31.78	00:31.57	00:32.06	00:31.60	00:31.58			
						08:28.48	07:57.87	07:25.41	06:52.89	06:19.89		
						00:30.61	00:32.46	00:32.52	00:33.0			
636	+ 0.67	08:35.37		מכבי פ.מ. רעות	2005	דן	זילברברג	0	5	6		
05:54.57	05:21.52	04:48.55	04:15.70	03:42.77	03:10.16	02:37.56	02:05.10	01:32.86	01:01.24	00:29.37		
00:33.05	00:32.97	00:32.85	00:32.93	00:32.61	00:32.60	00:32.46	00:32.24	00:31.62	00:31.87			
						08:35.37	08:05.26	07:33.18	07:00.33	06:27.74		
						00:30.11	00:32.08	00:32.85	00:32.59			
636	+ 0.66	08:35.45		הפועל עירוני הוד השרון	2004	יונתן	סופיר	1	5	7		
05:54.70	05:21.64	04:48.94	04:16.11	03:43.21	03:10.28	02:37.55	02:04.90	01:32.58	01:00.68	00:29.20		
00:33.06	00:32.70	00:32.83	00:32.90	00:32.93	00:32.73	00:32.65	00:32.32	00:31.90	00:31.48			
						08:35.45	08:05.46	07:32.75	07:00.05	06:27.45		
						00:29.99	00:32.71	00:32.70	00:32.60			
607	+ 0.72	08:43.47		הפועל עמק יזרעאל	2005	אור	טל	7	3	8		
06:00.81	05:27.76	04:54.41	04:21.07	03:47.82	03:14.67	02:41.55	02:08.15	01:34.66	01:01.76	00:29.26		

00:33.05	00:33.35	00:33.34	00:33.25	00:33.15	00:33.12	00:33.40	00:33.49	00:32.90	00:32.50			
						08:43.47	08:12.27	07:39.61	07:07.0			06:34.05
						00:31.20	00:32.66	00:32.61	00:32.95			
601	+ 0.66	08:45.24		הפועל גליל עליון		2004	צור	ביטון	4	3	9	
06:02.78	05:29.16	04:55.42	04:22.20	03:48.92	03:15.52	02:41.58	02:08.39	01:35.15	01:01.88			00:29.16
00:33.62	00:33.74	00:33.22	00:33.28	00:33.40	00:33.94	00:33.19	00:33.24	00:33.27	00:32.72			
						08:45.24	08:13.90	07:41.74	07:08.44			06:35.78
						00:31.34	00:32.16	00:33.30	00:32.66			
592	+ 0.75	08:47.93		הפועל כפר סבא ב. ב.		2005	עידן צבי	סטרוז	3	4	10	
06:01.70	05:27.55	04:53.19	04:18.88	03:44.94	03:11.66	02:38.46	02:05.40	01:32.61	01:00.10			00:28.53
00:34.15	00:34.36	00:34.31	00:33.94	00:33.28	00:33.20	00:33.06	00:32.79	00:32.51	00:31.57			
						08:47.93	08:16.0	07:42.56	07:09.01			06:35.34
						00:31.93	00:33.44	00:33.55	00:33.67			
583	+ 0.72	08:50.78		מכבי ראשון לציון SEALS		2005	יהב	דמלון	2	3	11	
05:57.54	05:22.85	04:48.32	04:14.11	03:40.44	03:07.03	02:34.28	02:01.92	01:29.86	00:58.32			00:27.82
00:34.69	00:34.53	00:34.21	00:33.67	00:33.41	00:32.75	00:32.36	00:32.06	00:31.54	00:30.50			
						08:50.78	08:17.74	07:42.81	07:07.36			06:32.25
						00:33.04	00:34.93	00:35.45	00:35.11			
569	+ 0.71	08:55.11		ירושלים רבתי		2004	שאול	אבוהב	9	4	12	
06:06.42	05:32.77	04:59.20	04:25.97	03:52.51	03:18.94	02:45.13	02:11.56	01:37.71	01:04.03			00:30.51
00:33.65	00:33.57	00:33.23	00:33.46	00:33.57	00:33.81	00:33.57	00:33.85	00:33.68	00:33.52			
						08:55.11	08:22.78	07:48.49	07:14.30			06:40.29
						00:32.33	00:34.29	00:34.19	00:34.01			
564	+ 0.69	08:56.38		מכבי כפר המכביה		2005	פלג	שמואלי	5	3	13	
06:03.67	05:29.01	04:54.77	04:20.68	03:46.71	03:13.07	02:39.67	02:06.86	01:34.24	01:01.63			00:29.39
00:34.66	00:34.24	00:34.09	00:33.97	00:33.64	00:33.40	00:32.81	00:32.62	00:32.61	00:32.24			
						08:56.38	08:22.60	07:48.03	07:13.23			06:38.37
						00:33.78	00:34.57	00:34.80	00:34.86			
561	+ 0.69	08:57.60		הפועל גליל עליון		2005	יונתן	בסטיאנס	5	4	14	
06:12.40	05:37.78	05:02.56	04:28.62	03:54.27	03:19.30	02:45.14	02:11.64	01:37.78	01:03.71			00:30.25
00:34.62	00:35.22	00:33.94	00:34.35	00:34.97	00:34.16	00:33.50	00:33.86	00:34.07	00:33.46			
						08:57.60	08:27.25	07:54.70	07:20.46			06:46.53
						00:30.35	00:32.55	00:34.24	00:33.93			
541	+ 0.78	09:03.91		הפועל דולפין נתניה		2005	עידו	סבן	6	3	15	
06:11.39	05:36.77	05:01.87	04:27.48	03:53.18	03:19.01	02:44.27	02:10.14	01:36.33	01:02.40			00:29.64
00:34.62	00:34.90	00:34.39	00:34.30	00:34.17	00:34.74	00:34.13	00:33.81	00:33.93	00:32.76			
						09:03.91	08:30.88	07:56.0	07:20.85			06:46.51
						00:33.03	00:34.88	00:35.15	00:34.34			
525	+ 0.70	09:09.48		בני הרצליה		2004	עידו	דרעי	7	4	16	
06:12.77	05:37.27	05:01.93	04:27.09	03:52.57	03:18.07	02:43.78	02:09.82	01:35.98	01:02.25			00:29.27
00:35.50	00:35.34	00:34.84	00:34.52	00:34.50	00:34.29	00:33.96	00:33.84	00:33.73	00:32.98			
						09:09.48	08:35.70	08:00.22	07:24.36			06:48.38
						00:33.78	00:35.48	00:35.86	00:35.98			
0		DNS		הפועל עמק חפר		2005	גיא	לייני	3	3	-	
0		DNS		הפועל דולפין נתניה		2004	יובל	קרלמן	9	5	-	
0		NS		הפועל עמק יזרעאל		2004	יואב	פרבר	0	6	-	
				כללי								
801	+ 0.74	07:57.32		הפועל ירושלים		2003	יונתן	אחדות	4	6	1	
05:28.90	04:58.48	04:28.30	03:58.14	03:27.78	02:57.40	02:27.13	01:56.66	01:26.53	00:56.86			00:27.55
00:30.42	00:30.18	00:30.16	00:30.36	00:30.38	00:30.27	00:30.47	00:30.13	00:29.67	00:29.31			
						07:57.32	07:30.08	07:00.16	06:29.72			05:59.36
						00:27.24	00:29.92	00:30.44	00:30.36			
791	+ 0.62	07:59.27		מכבי קרית אונו		2000	עדו	גל	5	6	2	
05:28.53	04:57.82	04:27.47	03:57.87	03:27.64	02:57.39	02:27.08	01:56.87	01:26.89	00:56.96			00:27.41
00:30.71	00:30.35	00:29.60	00:30.23	00:30.25	00:30.31	00:30.21	00:29.98	00:29.93	00:29.55			
						07:59.27	07:30.74	07:00.58	06:30.12			05:59.29
						00:28.53	00:30.16	00:30.46	00:30.83			
776	+ 0.71	08:02.47		מכבי פ.מ. רעות		2001	כליל	הלוי	3	6	3	
05:33.14	05:02.94	04:33.11	04:03.12	03:32.25	03:01.60	02:30.88	02:00.12	01:28.93	00:58.23			00:27.93
00:30.20	00:29.83	00:29.99	00:30.87	00:30.65	00:30.72	00:30.76	00:31.19	00:30.70	00:30.30			
						08:02.47	07:33.71	07:03.62	06:33.39			06:03.14
						00:28.76	00:30.09	00:30.23	00:30.25			
766	+ 0.67	08:04.58		הפועל בת ים		2002	אור	טל	1	6	4	
05:33.17	05:02.16	04:30.81	04:00.02	03:29.41	02:58.71	02:27.94	01:57.39	01:27.32	00:57.23			00:27.08
00:31.01	00:31.35	00:30.79	00:30.61	00:30.70	00:30.77	00:30.55	00:30.07	00:30.09	00:30.15			
						08:04.58	07:35.62	07:05.50	06:35.16			06:04.49

						00:28.96	00:30.12	00:30.34	00:30.67			
738	+ 0.61	08:10.51		הפועל ירושלים		2002	זיו	כהן	2	6	5	
05:34.94	05:04.04	04:33.48	04:02.82	03:32.27	03:01.65	02:30.95	02:00.06	01:29.30	00:58.45		00:27.92	
00:30.90	00:30.56	00:30.66	00:30.55	00:30.62	00:30.70	00:30.89	00:30.76	00:30.85	00:30.53			
						08:10.51	07:39.92	07:08.34	06:36.77		06:05.76	
						00:30.59	00:31.58	00:31.57	00:31.01			
655	+ 0.79	08:30.33		מכבי קרית ביאליק		2003	ירין	תורג'מן	3	5	6	
05:50.82	05:18.43	04:46.38	04:14.29	03:42.05	03:09.70	02:37.11	02:05.09	01:33.08	01:00.97		00:29.14	
00:32.39	00:32.05	00:32.09	00:32.24	00:32.35	00:32.59	00:32.02	00:32.01	00:32.11	00:31.83			
						08:30.33	07:59.48	07:27.71	06:55.31		06:23.26	
						00:30.85	00:31.77	00:32.40	00:32.05			
614	+ 0.72	08:41.49		הפועל כפר סבא ב. ב.		2003	יהודה	טל	7	5	7	
05:56.68	05:23.32	04:49.86	04:16.54	03:43.07	03:09.76	02:37.11	02:04.73	01:32.71	01:00.82		00:29.37	
00:33.36	00:33.46	00:33.32	00:33.47	00:33.31	00:32.65	00:32.38	00:32.02	00:31.89	00:31.45			
						08:41.49	08:10.02	07:36.64	07:03.19		06:29.84	
						00:31.47	00:33.38	00:33.45	00:33.35			